



EXERCISE: WHAT'S OKAY/WHAT'S NOT OKAY

What's okay and what's not okay to do or say depends on:

- Who is doing it
- Who it's happening to
- Where or when it happens
- Whether you are ready for it
- Your culture and values

For each of the questions below, decide whether or not it would be okay if it happened to you. What makes it okay or not okay?

Touching

Which of these kinds of touching are okay? Why or why not?

- Your father kisses you on the lips
- Your boyfriend puts his tongue inside your mouth when he kisses you
- Your parent's friend wants to give you a hug
- Your teacher touches your breasts through your clothing

Looking

Which of these kinds of looking are okay? Why or why not?

- Your auntie opens your bedroom door after you have gone to bed to see if you are asleep
- Your next door neighbor looks through your bedroom window while you are changing your clothes
- Your uncle shows you nude pictures of himself

Nudity

In which of these situations is it okay to be without clothing? Why or why not?

- You are at the beach. Your five year old sister is complaining because she has sand inside her bathing suit and it scratches. You take her to the outdoor shower, remove her bathing suit, and rinse her off.
- You meet an older man who tells you that he is recruiting fashion models. He says that you are exactly what he is looking for and wants to take some pictures to show his boss. Then he asks you to take off your clothes for the photos.

Talking

Which of these kinds of talking are okay? Why or why not?

- A boy asks you for a date and you tell him that you would never go out with someone like him. The next time he sees you at school, he yells that you are a slut and a whore.

- You have been offered a job at a telephone sex line. You would talk to callers about sex, but you would never see or touch them.
- Your friend tells you that he is thinking about having sex for the first time with his girlfriend. He is worried that his girlfriend will get pregnant if he does.
- Your uncle asks if you are still a virgin